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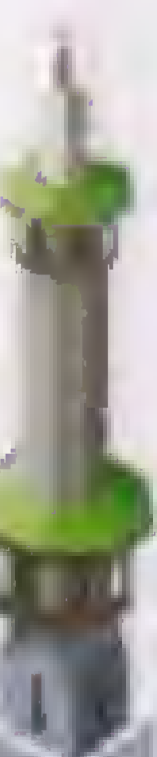
## Questions & Answers

### on

## HAJJ & UMRAH

A guide for Umrah and Hajj which provides answers for most of the questions that might arise in one's mind from the start of journey for Umrah and/or Hajj from your home till you are back home.

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In the International newspapers, he has addressed the issues such as:

- Understanding the Quran
- Creator of the Universe and Our Duties

He has written this book "Hajj and Umrah" in Question/Answer format, presenting it in easy and step-by-step sequence to help the pilgrims (Hajjis) to understand the rituals of Hajj/Umrah. This book is the first of its kind in Question/Answer format on Hajj and Umrah. Hope the readers will find it of great help.



## ACKNOWLEDGEMENT

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## PREFACE

Hajj is one of the five pillars of Islam. Hajj is obligatory for every adult Muslim with sound mind, who can afford, once in a life time.

I have tried to put it in Question/Answer format, in a way that a Muslim who starts his journey from his home to perform Umrah and/or Hajj will think about, what to do next and how to do. Keeping that in mind, I have tried to write the chapters in Question/Answer format so as to make the journey of Umrah and Hajj easy and understandable.

This book contains 75 question/answers with flow charts and figures, Hajj by Prophet ﷺ and its salient features, chapter on Du'a and Arabic words to help a pilgrim [Hajji] to communicate in Arabic during Hajj. I hope reader will find this book very useful.

Every effort has been made to avoid mistakes. I ask Allah Al-Mighty for forgiveness. All praise is due to Allah, Creator of the Universe.

I thank all my colleagues and friends especially Dr. Mustafa Kamal, Prof: Dr. Magdy Essa [late], Dr. Hussain Raza, Prof: Dr. Amir Channa, Prof: Dr. Amir Shoro, Prof: Dr. Sultan Ayub Meo, Muhammad Iqbal Kilani, Mr. Ibrahim Yusup, Mr. Sikandar Abbasi, Mr. Abdur Razzak, Mr. Mohammad Yusuf, and Mr. Kashif Zahoor for their help in compilation of this book. Special thanks to Mrs. Nada A.S. Abdul Aziz, Dr. Nadia Channa, Noorain Channa and Saba Zahoor for their help.

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## COMMONLY USED WORDS DURING HAJJ CONVERSATIONS

( in alphabetical order )

<b>Arafat:</b>	An open place about 22.4 km (14 miles) away from Makkah, where all the pilgrims collect on the 9th Dhul - Hijjah (Hajj day).
<b>As-Safa &amp; Al-Marwah:</b>	Two hills in Al-Masjid Al-Haram, Makkah.
<b>Fidyah:</b>	Compensation for a missed or wrongly practised religious obligation as in Hajj.
<b>Hady:</b>	Sacrifice animal.
<b>Al-Hajar al-Aswad:</b>	This is a stone (from Heaven) fixed in one corner of Ka'bah, when Ka'bah was built by Prophet Ibrahim and Prophet Ismael (peace be upon them).
<b>Hajj:</b>	Pilgrimage to Makkah during the prescribed time in the month of Dhul - Hijjah.



**Hajj Days:**

8th to 13th Dhul-Hijjah  
8th Dhul-Hijjah --- Yaum At-Tarwiyah  
- when the pilgrims leave Makkah for Mina.  
9th Dhul-Hijjah --- Yaumal-Hajj (Hajj day at Arafat).  
10th Dhul-Hijjah --- Yauman-Nahr (Day of Sacrifice).  
11th, 12th, 13th Dhul-Hijjah --- Ayyamat-Tashriq.

**Hajjal-Ifrad:**

Type of Hajj where one makes an intention of Hajj only.

**Hajjal-Qiran:**

Umrah and Hajj performed together in the same Ihram.

**Hajjat-Tamattu':**

Umrah and Hajj performed with a break between the two (performing Umrah-Tawaf, Sa'y, shaving/cutting head hair short and taking off the Ihram clothes and coming out of Ihram, then putting on Ihram clothes and entering in the state of Ihram again for Hajj).

**Halq:**

Shaving hair of head.

**Haram:**

Sanctuaries of Makkah and Al-Madinahh.

**Ihram:**

Ihram clothes and making Niyyah (intention) for Hajj / Umrah.

**Ihram Clothes:**

Two sheets of unstitched white cloth, Rida (upper body cover), Izar (lower body cover).

**Jabalar-Rahmah:**

Mount of Mercy at Arafat.

**Jamarat:**

Pillars for stoning:

Jamrah Oola (First small pillar)  
Jamrah Wusta (middle pillar)  
Jamrah Aqabah or al-Kubra  
(Last big pillar)

**Ka'bah:**

Cube-shaped structure in Al-Masjid Al-Haram, Makkah, towards which all muslims face in Salat (prayer).

**Madinahh:**

City where Prophet's mosque and prophet's grave are present. Madinahh is about 410km from Makkah. It was formerly called Yathrib.

**Mahram:**

Mahram is either Husband or close male relatives, whom women according to Shari'ah cannot marry, like father, brother, son, uncle.

**Makkah:**

City where there is Al-Masjid Al-Haram and one travels to perform Umrah / Hajj. Makkah is about 100km away from Jeddah International Airport.

**Maqam Ibrahim:**

The stone on which Prophet Ibrahim stood while he and his son Prophet Isma'il were building the Ka'bah.

**Mu'allim:**

Person who takes care and guides the Pilgrims.



**Meeqat:**

The Fixed places on approach to Makkah from where Ihram clothes are put on and Niyyah (intention) is made. You cannot cross Meeqat without Ihram clothes and making Niyyah (intention), if you are doing Umrah / Hajj.

**Mina:**

Place about 8 km (5 miles) away from Makkah where pilgrim has to stay during Hajj days.

**Muhrim:**

Person who assumes the state of Ihram for the purpose of performing the Hajj or Umrah.

**Muzdalifah:**

Place between Mina and Arafat. It is about 3 km away from Mina.

**Nahr:**

Sacrifice of an animal.

**Qasr:**

Cutting head hair short.

**Ramal:**

To walk fast in the first three rounds of Tawaf with right shoulder uncovered. (Ramal is for men only during Tawafal-Qudoom or Tawafal-Umrah)

**Ramy:**

That is to throw stones/pebbles at Jamarat (3 pillars) at Mina.

**Sa'y:**

Seven rounds between As-Safa & Al-Marwah in Al-Masjid Al-Haram Makkah during the performance of Hajj and Umrah.

**Taharah:**

Ablution

**Takbir:**

Allahu Akbar

**Talbiyah:**

Du'a which is recited loudly by men after putting on Ihram. Women have to recite in low voice.

**Tawaf:**

Seven rounds around Ka'bah.

**Tawafal-Ifadah:**

Also called Tawafaz-Ziyarah or Tawafal-Hajj, done by the pilgrims after they come from Mina on 10th day of Dhul-Hijjah. This Tawaf is one of the essentials of Hajj.

**Tawafal-Qudoom:**

Tawaf of arrival.

**Tawafal-Umrah:**

Person intending to do Umrah, who makes Tawaf on entering Makkah, this Tawaf is known as Tawafal-Umrah.

**Tawafal- Wida:**

Farewell Tawaf.

**Umrah:**

To put on Ihram and making Niyyah at Meeqat, go to Makkah, Sacred Mosque, to perform Tawaf around Ka'bah, Sa'y between As-Safa and Al-Marwah and then shaving one's head hair or cutting them short.

**Zam Zam Water:**

Water from the well of Zamzam (it is available in water coolers in the Haram for the convenience of pilgrims).

**Zam Zam:**

The sacred well inside the Haram (the grand Mosque) at Makkah.





## TYPES OF HAJJ

**Question-1** What is Hajj?

**Answer:** Hajj (Pilgrimage) is the 5th pillar of Islam. It is obligatory (compulsary) once in life time on every adult muslim, who is in a sound state of mind, good health and can afford the expenses (for one's transport, provisions and residence etc.)

NOTE: Five (5) pillars of Islam are as follows:

- 1) Bearing witness that there is nothing worthy of worship but Allah and that Muhammad is His messenger.
- 2) Establishing prayer (Salat)
- 3) Paying Zakah
- 4) Fasting during the month of Ramadan
- 5) Hajj (pilgrimage) to House of Allah, Al-Masjid Al-Haram at Makkah

**Question-2** Where and when Hajj is performed?

**Answer** Hajj is to the house of Allah ( Ka'bah) at Makkah, Saudi Arabia. Hajj days are from 8th to 13th Dhul-Hijjah. Hajj day is 9th of Dhul-Hijjah every year at Arafat (near Makkah). Hajj is performed after putting on Ihram clothes and making Niyyah (Intention). During Hajj certain religious rites are performed in accordance with the method prescribed by Prophet Muhammed ﷺ.

**Question-3** Can one do Hajj more than once, if he can afford it?

**Answer:** Yes, one can do Hajj more than once , if he can afford it.

**Question-4** Where one has to apply for Hajj?

**Answer:** As every Muslim knows that Hajj is performed every year during Hajj days 8th - 13th of Dhul-Hijjah at Makkah area. One should apply for Hajj to his own government, where applications are usually invited a few months earlier to finalize the names according to their Hajj policy.

**Question-5** What preparation are required before coming to Hajj?

**Answer:** You should have:

- 1) Valid passport, visa etc.
- 2) Foreign currency (Traveler cheque etc.) for your expenses.
- 3) Ticket with your reservation.



### Question-9

Which type of Hajj will suit me if I am going to Makkah from another country?

### Answer

Hajjat-Tamattu', as one is going for Hajj from another country by air, ship or land and has not brought animal for sacrifice with him.

### Question-10

If someone intends to do Umrah only during the months of Hajj (i.e Shawwal, Dhul-Qa'dah, Dhul-Hijjah). Does Hajj become compulsory on him?

### Answer

No, if someone intends to do Umrah during the months of Hajj, Hajj does not become compulsory on him, as intention of Umrah only can be done during any time of the year.



## MEEQAT

### Question-11

What is Meeqat?

### Answer:

Meeqat is the fixed place from where one puts on Ihram and declares his intention to do Umrah or Hajj. This intention can also be made aloud by saying:

### Labbaik Allahumma Bi'umrah

لبيك اللهم بعمره

“O Allah, I hear your call and  
I am coming for Umrah.”

or

### Labbaik Allahumma Bi'hajjah

لبيك اللهم بحجة

“O Allah I hear your call and  
I am coming for Hajj.”





People are reaching at Arafat plan near Masjid al-Namirah  
on 9th Dhul-Hijjah



## TALBIYAH

**Question-30** What is Talbiyah?

**Answer:** It is Du'a told by Prophet Muhammad ﷺ.

لبيك اللهم لبيك، لبيك لا شريك لك لبيك،  
إن الحمد والنعمة لك والملك لا شريك لك

**Labbaik Allahumma labbaik, labbaik la sharika Laka labbaik,  
innal - hamda wan - ni'mata Laka, wal-mulk, la sharika lak.**

"Here I am, O Allah, here I am, here I am, You have no partner, here I am! All the praises, favours, blessings and sovereignty belong to You, and You have no partner."

**Question 31**

When is Talbiyah recited?

**Answer:**

When a pilgrim has put on Ihram and has made intention of Umrah or Hajj or both Umrah and Hajj at Meeqat, he should then recite the Talbiyah aloud.

- If he is doing Umrah, he should stop reciting Talbiyah when he reaches the Ka'bah.
- During Hajj, he should stop saying Talbiyah just before throwing the stones at the largest pillar (Jamrah Aqabah) at Mina on the 10th Dhul Hijjah.
- Men should say Talbiyah loudly while women should say in low voice which she can hear only. During Hajj Talbiyah is specially recited, when you meet other group of people, when you start your travel or finish your travel, while ascending or descending a hill, on arriving at a place, after every prayer, in the morning and evening.



## IMPORTANT POINTS RELATED TO HAJJ BY WOMEN

Basic rituals for Umrah / Hajj are the same for women, but following differences may be noted:

### 1) Ihram:

Women should perform Wudu or Ghusl i.e. take bath and put on Ihram. They can wear any suitable dress of any colour so that her whole body is covered except her face and hands upto the wrist. She should cover her head with scarf.

#### NOTE:

- She should not use make-up or attractive clothes.
- She should not use perfume after putting on Ihram.
- She can cover her face in presence of people who are not her immediate relatives (Non-Mahram).

### 2) Talbiyah:

A woman should recite Talbiyah silently i.e. in low voice which she can hear only.

### 3) Ramal:

Women are not required to do Ramal i.e. walk fast during first three rounds of Tawaf.

### 4) Sa'y:

During Sa'y women are not required to



run or move fast between the green pillars. They should walk at normal pace.

### 5) Cutting of Hair:

After Umrah or Hajj cutting of hair required by female pilgrim is about 1-2 Cm, taking care of head so that she does not expose her hair in presence of other persons.

### 6) Ramy (Stoning at pillars):

If there is rush of people due to Hajj, women can stone after sunset i.e. during night (till morning prayer time) or they can appoint somebody to throw stones on their behalf.

### Question-58

Can a woman do Hajj without a Mahram?

#### Answer:

No, she cannot do Hajj without a Mahram.

(A Mahram is either her husband or close male relatives who are not permitted to marry her e.g. her father, brother, uncle, son etc. The Mahram should be old enough to protect her.)

## MENSTRUATION AND RELATED QUESTIONS

Menstruation is a normal process which women get every month, so they should follow the instructions laid down in such cases.

### Question-59

If a woman puts on Ihram for Umrah and then starts to menstruate, what should she do?

#### Answer:

In the olden days when Ka'bah was separate from As-Safa and Al-Marwah hills, women were allowed to do all the rituals of Umrah except Tawaf of Ka'bah i.e. she can do Sa'y, cut hair of



## COMMONLY USED ARABIC WORDS AT DIFFERENT PLACES DURING

### HAJJ & UMRAH

In this chapter, Arabic words have been written which are commonly used during conversation at different places. It will help a pilgrim during Hajj period to communicate in Arabic Language.

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## 1. Words Used for Conversation

Peace be upon you	Assalamu Alaikum	السلام عليكم
I	Ana	أنا
We	Nahnu	نحن
You	Anta	أنت
You all	Antum	أنتم
He	Huwa	هو
Name	Ism	اسم
Yes	Na'am	نعم
No	La	لا
This	Hadha	هذا
When	Mata	متى
Up	Fawq	فوق
Down	Taht	تحت
Right side	Yameen	يمين
Left side	Yasaar or Shimal	يسار - شمال
Front	Amam	أمام
Backward	Khalf	خلف
Change of money	Sarf	صرف
Near	Qareeb	قريب
Neighbour	Jar	جار
Rain	Matar	مطر
Fire	Nar	نار
Cigarette	Sijarah	سيجارة
Large	Kabeer	كبير
Small	Sagheer	صغير
Come here	Ta'al Huna	تعال هنا